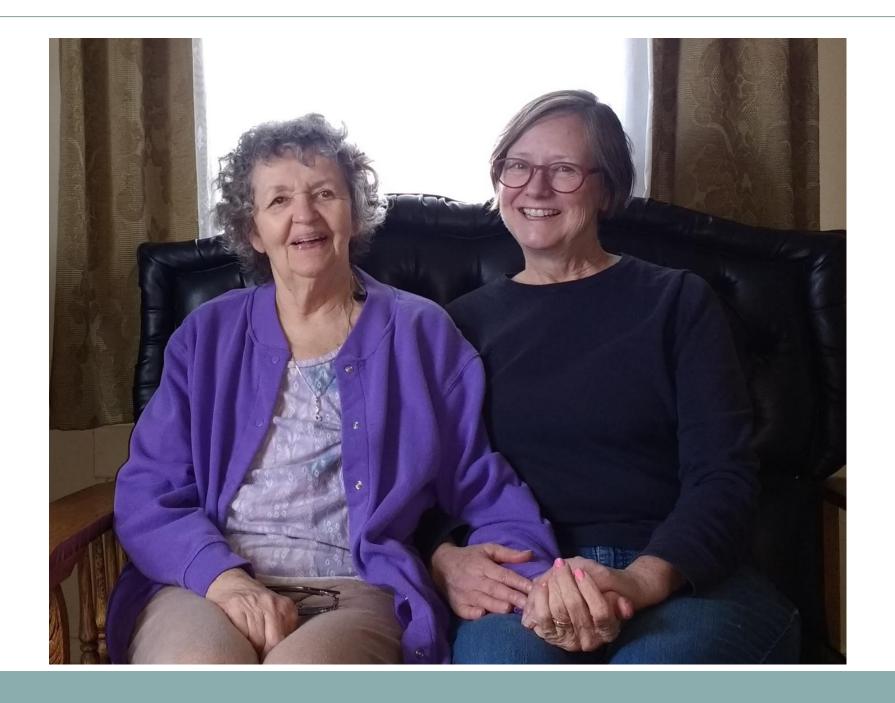
BCAAA Respite & Companion Volunteer Program

- Matches each volunteer with one older adult
- Weekly visits for two hours
- Visits are activity-based
- Minimum six-month commitment for volunteers





You don't always make a best friend like this in old age.

She is more like a friend than a volunteer. I can vent to her. She is just very energetic and understanding and she likes my dog and she takes him for walks, just knowing she's here helps me!

She had her own friend, everyone needs to vent somewhere and it gave her that opportunity... maybe mom wants to complain about me or what I do.